**Audio Introduction:**

**An Attempt to Lose Time**

Hello and welcome to this audio introduction for my show, An Attempt to Lose Time.  This intro is mainly for people who are blind or partially sighted so they know what the show will look like, but it’s also for anyone who’d like to know a little bit more about the show before they come along. There will also be audio description integrated into the show itself so you’ll know what’s going on. All performances will be captioned.

So, about me - my name is Miranda Prag. I’m the artist who made this show, and I’m the only performer.  I’m a tall white woman in my mid 30s with shortish straight brown hair.  In the show I’ll be wearing a white T-shirt, black shorts and bright orange trainers.  Sometimes, I’ll put on a floor-length dark green cape which makes a swishing noise as it moves. The cape has colourful decorations around the neck – small twists of fabric and jewels in dark blue, green and purple, with a few pops of neon orange, pink and yellow. Sometimes, I’ll put on a hat. The hat fits closely on my head. It’s black and spangly, with some of the same colourful decorations as the cloak.  It has two small antlers with twigs sprouting from them. It looks slightly ridiculous, but I think I wear it well.

Some of the time you’ll hear my voice pre-recorded as a voiceover from the speakers, and some of the time you’ll hear me speaking live, and occasionally I’ll also use a microphone for effect. Near the beginning of the show I’ll bang a gong, which will make a loud noise, but this is the only sudden noise in the show.

At the beginning of the show, there is a tower-like structure made up of copper pipes at the front of the stage. Some of the pipes are bent into angular shapes and attached together. Balanced on the structure are two large bike wheels, and a smaller one hanging from a string.  The tallest section of the structure is made up of two parallel pipes joined together at each end, with orange webbing straps stretched between the two ends. It’s standing up vertically, and there are six small silver tins hanging from it.

Throughout the show, I’ll gradually reassemble the copper pipes and bike wheels into a series of different structures, so you may hear a few clanks. I’ll be doing this while you hear me speaking as a voiceover.

Around the stage are several anglepoise lamps, which I’ll turn on at various points. There’s also a small pale wooden box, about knee-height.  This contains eleven hanging decorations made up of small circles and rings of acrylic in neon colours - orange, yellow, green, red and blue. When light shines on them, the edges glow. I’ll hang these up on the copper structures when I’ve built them.

At the end of the show, the structures I’ve built will do something -  but I’ll describe that as it happens.